

WEEKLY ACTIVITY SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT	SUN
<p>Gentle Stretch 8:30am – 9:30 am RWC/ Sunrise</p> <p>Jazzercise 10:00 am -11:00 am RWC/Pierce Hall</p> <p>Art Class (H2U Class) 11:15 am -1:15 pm 1:30 pm -3:30 pm RWC/Pierce Hall</p> <p>Yoga 5:30 pm -6:45 pm RWC/Sunrise</p> <p>Zumba 6:00 pm -7:00 pm Maravilla Center</p> <p>Line Dance 6:00 pm – 8:00 pm RWC/ Pierce Hall</p>	<p>Line Dance Beginners 9:30 am -10:30 am</p> <p>Improver 10:30 am- 11:30 am RWC/Pierce Hall</p> <p>Dance Exercise Improver (H2U Class) 9:00 am - 10:00 am Maravilla Center</p> <p>Chair Exercise (H2U Class) 10:00 am -11:00 am Maravilla Center</p>	<p>Yoga 8:00—9:15 am RWC/Sunrise</p> <p>Jazzercise 10:00—11:00 am RWC/Pierce Hall</p> <p>Tai Chi (H2U Class) RWC/Pierce Hall 12:00 pm - 1:00 pm</p> <p>Yoga (H2U Class) 1:00 pm—2:00 pm RWC/Pierce Hall</p> <p>Zumba 6:00 pm - 7:00 pm Maravilla Center</p> <p>Line Dance 6:00 pm – 8:00 pm RWC/ Pierce Hall</p>	<p>Dance Exercise Intermediate (H2U Class) 9:00 am -10:00 am Maravilla Center</p> <p>Chair Exercise (H2U Class) 10:00 am -11:00 am Maravilla Center</p>	<p>Yoga 8:30 am -9:45 am RWC/Sunrise</p> <p>Jazzercise 10:00 am -11:00 am RWC/Pierce Hall</p> <p>Zumba 6:00 am -7:00 pm Maravilla Center</p>	NO CLASS	NO CLASS
						<p>Last Updated: 1/7/26</p>

Note: Classes are subject to change or cancellation. Please contact instructor or River Walk Center staff for updated information.